It's easy to green up your ride

King County is bicycle country

Cut carbon emissions and get healthier by leaving your car at home and taking your bicycle instead. Metro Transit has bike racks on all of its buses and on many vanpool vans. Many park-and-ride facilities offer storage for bicycles. Visit www.kingcounty.gov/ Metro. King County's guide map, Bicycling in King County, will help you do some exploring. Visit www.kingcounty.gov/roads

King County's regional trails system offers 175 miles of non-motorized trails for commuting and recreation, and connects communities from Bothell to Auburn, and from Seattle to the Cascades, Online map available. Visit www.kingcounty.gov/parks

- Keeping county roads clean and green Since 1992, King County's Adopt-a-Road program has organized a corps of environmentally conscious volunteers to pick up litter and debris along roads in unincorporated areas of the county. So far, more than 200 volunteer groups have adopted 425 miles of roads and devoted more than 32,000 volunteer shifts to cleaning up the community. Visit www.kingcounty.gov/roads
- Purchase clean, fuel-efficient vehicles When purchasing a car, select a fuel-efficient vehicle that uses advanced technology. When you drive, avoid excessive idling and observe good driving habits. Making the right choices can reduce your fuel consumption, save you money and yield significant environmental benefits. Visit www.kingcounty.gov/ transportation/kcdot/keyinitiatives/fuelefficiency

Did you know?

King County's Road Services Division is creating pedestrian pathways and using

green construction practices, and the Fleet Division is operating one of the most environmentally friendly government fleets in the nation.

Along with Metro Transit, they are providing a clean, healthy transportation system for you and your family.







King County

This information is available in alternative formats. Call 206-296-6500 or 711 (TTY Relay).

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Get great green tips on how to:

- Reduce, re-use, recycle and compost
- Reduce your carbon footprint
- Volunteer
- Make your home and garden green
- Green up your ride









www.kingcounty.gov/beinggreen

www.kingcounty.gov/beinggreen

It's easy to reduce, re-use, recycle and compost

More than half of what is in an average household's garbage is readily recyclable. King County can help you identify and recycle those items.

You can also cut the amount of waste your family generates by purchasing items that are durable and environmentally friendly.

King County:

"What do I do with?"

King County's website offers information on how to recycle, re-use or properly dispose of nearly 100 categories of items from compact fluorescent lamps

from compact fluorescent lamps to propane tanks. Visit www.kingcounty.gov/whatdoidowith

Become an EcoConsumer

King County's EcoConsumer Program offers resources to help balance consuming with conserving. Visit www.KCecoconsumer.com



What do I

do with ...?

_unwanted items for reuse & recycling?

www.kingcounty.gov/WhatDolDoWith

Recycle food Food scraps and food-soiled paper make up more than

paper make up more than

30 percent of residential garbage. Learn how to recycle food scraps in your curbside yard waste cart.

Visit www.recyclefood.com

Recycle fluorescent bulbs and tubes

Fluorescent bulbs and tubes are a great way to save energy but they contain mercury and need to be properly recycled. Visit www.takeitbacknetwork.org

Safely dispose of unused medicines

How we dispose of unused medicines makes a big difference for our families and the environment. Take your unused medicines to a take-back location near you.

Visit www.takebackyourmeds.org

It's easy to reduce your carbon footprint

Your **CARBON FOOTPRINT** is the amount of greenhouse gases you produce during day-to-day activities. Shrinking your family's carbon footprint is easy, good for your community and can even be fun. Visit www.kingcounty.gov/climate

Here are some ways we can help you meet that goal:

Choose healthy products

Choosing environmentally friendly, biodegradable household cleaning and personal care products minimizes the entry of harmful chemicals into the environment. Visit www.kingcounty.gov/environment/wtd/Education/ThingsYouCanDo for lots of information on healthy choices, including green cleaning supplies from things you already have at home.

Eat and buy locally

King County farmers grow farm products year 'round, with over 1,800 farms across the county and over 40 farmers markets. Many farms offer U-Pick and CSA memberships that make it easy for you to get fresh foods. Buying locally saves energy when items don't have to be trucked long distances. Visit www.pugetsoundfresh.org

■ Volunteer to restore habitats

Plant trees, remove invasive species and enjoy King County's 26,000 acres of open space. Restoration helps capture greenhouse gases and improves habitat for fish and wildlife. Volunteer



opportunities available year 'round. Visit www.kingcounty.gov/parks

It's easy to make your home and garden green

Activities at home—both inside and outside—can have a big effect on the environment. King County experts can help you make simple changes in your home and yard that can help save resources, while saving you money.

Plant right for your site

King County's experts can show you how to plant right for your site, using native vegetation that looks great and requires little or no maintenance. Visit www.kingcounty.gov/GoNative

GreenTools makes green building easy

Ring County's GreenTools
Program helps builders,
residents, businesses,
designers and
governments manage and prevent
construction and demolition waste.



construction and demolition waste, create green buildings and design sustainable developments. GreenTools also provides technical assistance, hands-on training and grants. Visit www.greentools.us

Eco-Cool Remodel Tool to green your home Green home remodeling creates healthy, comfortable spaces that can save money, increase a home's value, decrease material waste and help protect the environment. Visit www.ecocoolremodel.com for tips and resources on selecting durable and long lasting materials, healthy paint products and what to consider when upgrading a kitchen or landscaping.

Choose environmentally responsible businesses
Look for the EnviroStars logo when you shop.
More than 700 businesses, such as
landscapers, dry cleaners and
dentists are EnviroStars-certified for
environmentally responsible practices.
Visit www.envirostars.org

It's easy to green up your ride

About half of all greenhouse-gas emissions generated in the Puget Sound region come from transportation.

While reducing car trips can have a big impact on reducing our carbon footprint, there are many other things you can do in your daily life to help cut harmful emissions and save money:

Ride the bus

Changing even one daily trip from driving alone to public transit reduces greenhouse gases and the amount of green leaving your wallet. Trip planning is easy and available 24/7.

Visit www.kingcounty.gov/metro

Join or start a Metro vanpool

Metro's Vanpool Program has low monthly fares that include gas, insurance, maintenance and roadside service. To start or join a vanpool, call 206-625-4500. Visit www.rideshareonline.com

Try carpooling

Share the ride with neighbors and friends. Save gas and other commute costs—and use the carpool lane to zip past traffic. It's easy to find a rideshare partner. Visit www.rideshareonline.com



Did you know?

The new generation of King County solid waste transfer stations make it easy to recycle a wide range of items, giving new life to old products and saving room in the landfill for what really needs to be there.

Did you know?

King County's wastewater treatment plants are big recycling centers. They recycle nutrient-rich biosolids, recover energy from waste gas and produce reclaimed water for irrigation and industrial uses. By taking the "waste" out of wastewater and creating reusable resources, King County protects the environment and saves more "green."

Did you know?

King County is leading the way in promoting Earth-friendly building practices, reducing toxins in our streams and lakes, and is a member of the Puget Sound Partnership, a group committed to restoring the Sound and its marine life.

Did you know?

King County has one of the nation's greenest transit systems. Metro Transit offers customers a variety of green travel choices. Metro provides about 110 million passenger trips a year, and has been an industry leader in developing hybrid buses and using clean fuels.